



spa lucca

MENU

LET US TAKE YOUR BODY AND MIND ON A JOURNEY AT SPA LUCCA
AT THE ANCHORAGE HOTEL & SPA. ENJOY THE VOYAGE ALONE
IN YOUR PRIVATE SEASIDE OASIS, OR WITH A FRIEND
OR LOVED ONE IN OUR DOUBLE TREATMENT SUITE.

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FACE

Skin reawakening

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FORMULATE	Signature lymphatic facial massage, release gua sha sequence & thermal contouring facial mask	90mins \$245
FIRE & FROST	Vigorous cleanse & exfoliation to warm the skin, Cryō facial & gua sha sequence	90mins \$270 120mins \$350
ESSENTIAL	Gentle cleanse, facial massage & deep hydration	60mins \$170
REPAIR	Curated to your sensitive skin type - gentle cleanse, facial massage, Cryō therapy as required, deep hydration	60mins \$175
LOVE	Meditation, gentle cleanse & exfoliation, Samadara facial massage using rose quartz, & chakra alignment	90mins \$365

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UPGRADES

For that extra indulgence

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THERMAL	Thermal contouring face mask with a blend of natural clays & mineral salts to nourish & lift	30mins \$65
LED	LED light therapy to increase collagen stimulation & production (avail. in a course of seven)	30mins \$85

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VESSEL

Massage from traditional to bespoke

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SURRENDER	Using a mix of Swedish techniques & long flowing Lomi Lomi strokes to ease tension & relax the entire being	90mins \$225
RITUAL	Lomi Lomi flow to massage multiple parts of the body at the same time, providing a deep sense of peace & stability	90mins \$265
RITUAL 4	Four hands Lomi Lomi flow, two of our expert therapists will work in synchronicity to transport you to an extreme state of serenity	90mins \$489
DYNAMIC	A dynamic body massage with a large focus on lymphatic drainage technique & increased blood circulation to visibly contour	90mins \$259
RELEASE	High energy massage, working with the musculoskeletal system to provide a deep pressure release	90mins \$259
CRYSTALUS	Hot stone massage using tiger Iron & an aromatic body oil blend to relieve deep physical tension	90mins \$245
NURTURE	Focuses on nurturing the female body or expectant mother to invite self-love & provide specific attention to soothing pain and tension	90mins \$230

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FORM

Treat your body

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HIMALAYAN	Warm, nourishing body oil with Himalayan salt exfoliation	75mins \$180
BLISS	Highly fragrant, Madagascan vanilla and sugar buff	75mins \$180
DETOX	Mineral salt scrub, detoxifying clay, full body wrap	90mins \$230
COCOON	Himalayan salt scrub, light therapy, cascading Vichy shower	60mins \$160

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IMMERSION

Your body, your mind

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OULD	Back massage, pressure point facial massage, facial mask & foot ritual using the rarest & most sacred oil	90mins \$285
FOCUS	Chakra alignment, full body massage, meditation & crystal placement	105mins \$305
AURORA	Back massage, healing white jade facial massage, facial mask & sound therapy	120mins \$345

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SUBMERSION

Bathing rituals - Aromatic waters with a powerful blend of trace elements & minerals to dissolve anxiety

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ECLIPSE	Mustard & magnesium bath salt therapy with ancient herbs, magnesium salts & pure essential oils to increase circulation and promote relaxation	30mins \$65
SOLSTICE	Nourishing oat milk & healing herbs bath soak with magnesium salts & uplifting essential oil aroma to invite a celebration of life	30mins \$65
EQUINOX	Egyptian lotus & black wolfberry sacred bath soak with exotic essential oils & empowering crystal essence remedy to activate intuition	30mins \$65
LUNAR	Mineral-rich Himalayan & magnesium salts, detoxifying clay, nourishing coconut milk powder & pure essential oils to invite self-love and soothe emotions	30mins \$65
PORTAL	Himalayan minerals & magnesium salts, organic rose and hibiscus petals & pure essential oils activated with crystals to bring a higher perspective	30mins \$65

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VOYAGE

Carefully curated packages

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NOURISH	Fire & Frost facial, bust & décolletage ritual, foot scrub	150mins \$395
REPLENISH	Himalayan full body salt scrub, Surrender massage, Essential facial, bath soak of choice	180mins \$410
LIBERATE	High-definition massage, Himalayan back salt scrub, Release facial massage (incl. gua sha & pressure points), deep scalp massage	120mins \$335
ODE	Nurture (pregnancy/post-partum) or Ritual massage, Love facial	120mins \$305
CEREMONY	Oud renewal massage, meditation experience, Oud pressure point facial massage & mask, oil Shirodhara scalp massage	150mins \$445
FLOW	Half-day curated spa package, personally designed by you to address individual concerns. (Incl. spa lunch & refreshments)	300mins \$670

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ADD-ONS

Additional treats

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BUST	Body polish, gentle massage & French pink clay to create a youthful silhouette	30mins \$85
BELLY	Stomach massage using lymphatic drainage techniques to increase blood circulation & visibly contour (can be customised for pregnancy & post-partum)	30mins \$75
SHIRODHARA	Oil Shirodhara scalp massage to manage stress by synchronising the state of the mind	30mins \$95
HANDS	Pressure point massage	30mins \$65
FEET	Pressure point massage	30mins \$65
CRYSTALUS	Hot stone back massage using tiger Iron & an aromatic body oil blend to relieve deep physical tension	30mins \$80